

Mental Disorder Definitions & Information

Mental Health America - provides information about the signs and symptoms of mental health disorders, facts, statistics, and the latest news on mental health

<https://mhanational.org/MentalHealthInfo>

Anxiety & Depression Association - provides information on anxiety, depression, OCD, and PTSD.

<https://adaa.org/>

- **Anxiety Disorders**
 - [Anxiety Disorders | National Alliance on Mental Illness \(NAMI\)](#)
 - [Anxiety Help & Support | The Anxiety Network](#)

- **Bipolar Disorder**
 - [Bipolar Disorder | NAMI](#)
 - [International Bipolar Foundation | Hope, Resources & Support](#)
 - [Depression and Bipolar Support Alliance \(DBSA\)](#)

- **Borderline Personality Disorder**
 - [Borderline Personality Disorder | NAMI](#)
 - [The Borderline Project – Together we are borderless](#)

- **Depression**
 - [Depression | NAMI](#)
 - [Depression and Bipolar Support Alliance \(DBSA\)](#)
 - [Anxiety Disorders and Depression Research & Treatment | Anxiety and Depression Association of America \(ADAA\)](#)

- **Dissociative Disorders**
 - [Dissociative Disorders | NAMI](#)
 - [International Society for the Study of Trauma & Dissociation \(ISSTD\)](#)

- **Eating Disorders**
 - [Eating Disorders | NAMI](#)
 - [Help & Support | National Eating Disorders Association](#)

- **Obsessive Compulsive Disorder**
 - [Obsessive Compulsive Disorder | NAMI](#)
 - [International OCD Foundation](#)
 - [OCD Hotline - 866-903-3787 - Free 24/7 Support](#)

- **Posttraumatic Stress Disorder PTSD**
 - [Posttraumatic Stress Disorder | NAMI](#)

- **Postpartum**
 - [Postpartum Support International \(PSI\)](#)

- **Psychosis**
 - [Early Psychosis and Psychosis | NAMI](#)
 - [Schizophrenia & Psychosis Action Alliance](#)
 - [SANE Australia](#)
- **Schizoaffective Disorder**
 - [Schizoaffective Disorder | NAMI](#)
 - [Schizoaffective Disorder | Mental Health America](#)
- **Schizophrenia**
 - [What is Schizophrenia? | NAMI](#)
 - [Schizophrenia & Psychosis Action Alliance](#)

[Types of neurodiversity](#)

[TAKE A MENTAL HEALTH TEST | MENTAL HEALTH AMERICA](#)