

#### **AITKIN COUNTY HEALTH & HUMAN SERVICES**

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# AITKIN COUNTY HEALTH & HUMAN SERVICES ADVISORY COMMITTEE WORKGROUP

Meeting Minutes
November 4, 2020

**Committee Members Present: Cindy Chuhanic** 

Joel Hoppe (VIA WebEx)
Penny Olson (VIA WebEx)
Lori Chenevert (VIA WebEx)
Luke Christensen (VIA WebEx)

**Pastor Dawn Houser** 

Terri Mathis Carole Holten

Jennifer Sheets (VIA Webex) Lynne Jacobs (VIA WebEx)

**Commissioner Mark Wedel** 

Guests: Cynthia Bennett, H&HS Director (VIA WebEx)

**Brea Hamdorf, Public Health Nurse** 

Shawn Speed, Scribe

Absent: Kari Paulsen

**Kevin Insley** 

Michelle Brodhead

Steve Teff

**Commissioner Laurie Westerlund** 

#### I. Call to Order

A. Carole called to order the meeting of the Aitkin County Health & Human Services Advisory Committee Workgroup at 3:02 pm on November 4, 2020 at Aitkin County Health & Human Services in the large conference room.

## II. Approval of November 4, 2020 Agenda

A. Dawn moved to approve the agenda, Cindy seconded, all members voting yes to approve the agenda.

#### III. Approval of minutes from the September 2, 2020 meeting

A. Cindy moved to approve the minutes as written, Commissioner Wedel seconded, all members voting yes to approve the minutes.

## IV. Committee Member Input/Updates

- A. Commissioner Wedel commented that Brian Napsted will be replacing Commissioner Pratt on the County Board due to election results and that he looked forward to working with him.
- B. Carole briefed the members that ANGELS had received a nutritional grant that was used to help them serve more food to their surrounding community.
- C. She also briefed that they had been working with Cheryl Meld at the McGregor Schools to put together and deliver fresh produce packages to area residents twice a month.
- D. Lynne briefed the members that Aitkin County CARE was able to secure a grant that they distributed between Paulbeck's County Market and Ukura's Grocery Store in McGregor to help offset delivery fees to residents within the county. She did mention that there is a code needed to remove the delivery fee when ordering groceries but that residents simply had to call CARE and they would be given that code to use when needed.
- E. Lynne briefed the members that Aitkin County CARE had also received a similar nutritional grant to provide fresh produce to those aged 60 and over throughout the county and was also able to deliver fresh produce to all of the area assisted living facilities.

#### V. Mental Health and Suicide Prevention Work Year End Review – Brea Hamdorf

A. Brea conducted a year in review of the work the committee did in relation to Mental Health and Suicide Prevention.

#### VI. Adjournment

A. The meeting was adjourned at 3:31 pm.	
Carole Holton, Chairperson	
Shawn Speed, Clerk to the ACH&HS Advisory Board	

The following documents were included in the packet of information sent to the members for review prior to the meeting or distributed at the meeting:

- Copy of the agenda for the November 4, 2020 meeting.
- Draft copy of the minutes from the September 2, 2020 meeting.
- Copy of the Suicide Prevention Year in Review Presentation.