



Aitkin County Health & Human Services

204 FIRST STREET NW
AITKIN, MINNESOTA 56431-1291
PHONE 1-800-328-3744 or 1-218-927-7200
FAX # 1-218-927-7210

AITKIN COUNTY HEALTH & HUMAN SERVICES ADVISORY COMMITTEE

Meeting Minutes

September 4, 2019

Committee Members Present:

- Carole Holten**
- Cindy Chuhanic**
- Joel Hoppe**
- Joy Janzen**
- Kari Paulsen**
- Kevin Insley**
- Kristine Layne**
- Lori Chenevert**
- Penny Olson**
- Steve Teff**
- Terri Mathis**

Commissioner Laurie Westerlund

Guests:

- Shawn Speed, Scribe**
- Erin Melz**
- Hannah Colby**
- Robert Marcum**

Absent:

- Commissioner Mark Wedel**
- Cynthia Bennett**
- Joell Miranda**

I. Call to Order

A. Carole called to order the regular meeting of the Aitkin County Health & Human Services Advisory Committee at 3:03 pm on September 4, 2019 at Aitkin County Health & Human Services in the large conference room.

II. Approval of September 4, 2019 Agenda

A. Laurie moved to approve the agenda, Steve seconded, all members voting yes to approve the agenda.

III. Approval of minutes from August 7, 2019 meeting

- A. Joy moved to approve the minutes as written, Joel seconded, all members voting yes to approve the August 7, 2019 minutes.

IV. Committee Member Input/Updates

- A. Erin briefed the members that at the last meeting the members were presented with our proposed budget for 2020. Original request was to use \$300,000 from fund balance next year as part of our budget. Since then there has been a meeting of the County Budget Committee and they have requested that we use \$350,000 out of fund balance. County policy requires we keep 40-50% in fund balance, at \$300,000 we would have been at 46% and with it changing to \$350,000 we will still be within those limits at 45%.
 - 1. Due to the change a motion was made by Steve to approve the change to the budget proposal, Joel seconded, all members voting yes to approve the amendment.
- B. Carole mentioned that the Angels were selling buttons at the McGregor Wild Rice Days this last weekend to become a “Friend of the Angels” for \$30 and if a business wanted to become a “Friend” they could buy a button for \$100.
- C. Shawn talked about the HOPE visitation open house that is being held on Monday September 9 from 2-6. They have recently remodeled the old Remnica House to provide supervised visitation opportunities for families that need it.
- D. Terri said that CARE is looking for Tai-Chi and Matter of Balance Instructors for Aitkin and McGregor. Training will be provided for two days, each class, in October with mileage and lodging to get the required training.
- E. Erin added that we had put n for some Suicide Prevention grants last spring and there were only two awards given then, we were number three, but we just found out that the state received some additional funding and we were awarded around \$10,000/year for 4 years towards that program. Will be more information during the next workgroup meeting next month.
- F. Bob mentioned that the Angel’s Board and volunteers were approved to get QPR training for Suicide Prevention and they are working with Brea on it.
- G. Hannah mentioned the McGregor Health and Wellness Fair is going to be held on September 25th at the McGregor Community Center from 3-5:30 pm.
- H. Kari sent around a flyer about job openings working with the US Census. A representative from them, Patrick, will be at the Birchstreet Center on September 23 from 11-1 to help people with applications. He has the ability to stay later if he needs to.
- I. Erin added that Public Health has been working with MEND, who is the contracted Health Service for the Aitkin County Jail, in regards to the Hep-A vaccine, to ensure that inmates are able to access it if they would like it given to them.
- J. Will be vaccinating Jail staff, deputies, and HHS Staff if they would like it.

V. SHIP Update – Hannah Colby

- A. Hannah started by mentioning that the SHIP program funding has been renewed by the State for the next two years at its current funding levels.

- B. 2019-2020 work plan is completed for next year.
- C. Community Health Living Update
 - 1. Looking to continue our current partnerships.
 - 2. Farm2Institution will continue with only Riverwood Healthcare Center and Aicota as this year the local farmers have ran into some issues with their crops due to the hard growing season.
 - 3. The two farmers markets will continue until the second weekend in October. Both are working on the ability to take the EBT/SNAP card to be used there. Runs Thursday's from 5-7pm and Saturday's from 8am-1pm between Block North Brewpub and Guidepoint Pharmacy.
 - 4. Food retail convenience store, the "Good Food Sold Here" campaign. She has not been able to add more stores as of yet, although she has identified potential partners. Hopes to do more work with this this fall.
- D. Community Active Living
 - 1. Partnering with the City of Aitkin, and working with the City Administrator, to secure funds for renewing and expanding the City trails.
 - 2. Will be using some SHIP dollars to add wayfinding signs along the trail that will give people information about the trail and will have 5 stations that will show you a video of an activity you can do at that station on your phone.
 - 3. ARDC is helping to develop a plan to expand our trails.
- E. Childcare Project
 - 1. Have allocated monies to carry over next year.
 - 2. Last Wednesday an application packet went out to all 23 childcare providers in the county and the new childcare center at Aitkin Health Services for a mini grant.
 - 3. Five providers will be selected to receive the mini grant and use it to work on three strategies:
 - i. Nutrition Education
 - ii. Physical Activity
 - iii. Increasing Breastfeeding Support
- F. Farm2School
 - 1. Continuing partnership with all three of the schools, Aitkin, McGregor, and Hill City. Lack of produce is affecting this however as well.
- G. School Wellness Committee Membership
- H. Safe Routes to School Plan
 - 1. All three have plans, however Hill City's needs updating.
 - 2. Aitkin included the new sidewalks along 1st Street as a part of this.
- I. Working on a website for Aitkin County SHIP so that people can more readily access information on the program.

VI. Comments

- A. Feedback from the HHS Board Meeting – Cindy and Joel
 - 1. Minutes of that meeting are attached.
- B. Committee Members scheduled to attend upcoming HHS Board meetings in 2019:

September 24	Terri	Kari
October 22	_____	_____
November 26	_____	_____
December 17	Kristine	_____

VII. Adjournment

A. The meeting was adjourned at 4:00pm.

Carole Holton, Chairperson

Shawn Speed, Clerk to the ACH&HS Advisory Board

The following documents were included in the packet of information sent to the members for review prior to the meeting or distributed at the meeting:

- Copy of the agenda for the September 4, 2019 meeting.
- Copy of the minutes from the August 7, 2019 meeting.
- Copy of the August 27, 2019 H&HS Board meeting minutes.