



Aitkin County Health & Human Services

204 FIRST STREET NW
AITKIN, MINNESOTA 56431-1291
PHONE 1-800-328-3744 or 1-218-927-7200
FAX # 1-218-927-7210

AITKIN COUNTY HEALTH & HUMAN SERVICES ADVISORY COMMITTEE

Meeting Minutes

June 6, 2018

Committee Members Present:

Robert Marcum
Penny Olson
Carole Holten
Beverly Mensing
Kari Paulsen
Marlene Abear
Roberta Elvecrog
Joell Miranda
Joy Janzen
Kevin Insley
Penny Olson

Commissioner Mark Wedel

Others Present:

Joel Hoppe

Guests:

Cynthia Bennett, HHS Director
Hannah Colby, Public Health Educator
Stacey Durgin, Public Health Educator
Shawn Speed, Clerk to the Committee

Absent:

Commissioner Bill Pratt
Jon Moen
Kristine Layne
Maureen Mishler

I. Call to Order

- a. Robert called to order the regular meeting of the Aitkin County Health & Human Services Advisory Committee at 3:30pm on June 6, 2018 at Aitkin County Health & Humans Services in the large conference room.

II. Approval of June 6, 2018 Agenda

- a. Shawn asked to add a presentation by Stacey Durgin on the upcoming Fair and H&HS booth.
- b. Beverly moved to approve the agenda with addition, Joy seconded, all members voting yes to approve the agenda.

III. Approval of minutes from May 2, 2018 meeting

- a. Carole moved to approve the minutes as written, Marlene seconded, all members voting yes to approve the May 2, 2018 minutes.

IV. Committee Member Input / Updates – Must be informational in nature, relative to Aitkin County Health & Human Services and not exceed five minutes per person.

- a. Carole discussed her attendance of the Suicide Prevention training that was held at H&HS and mentioned we are second to last, as a county, for preparation to recognize suicides in the county. Hopes that this group will work more towards the end that we can prepare our county to do that.
- b. Also talked about her attendance at the ELCA Convention. One of their resolutions was on getting the church more involved in recognizing suicides also.
- c. Bob asked Brea, at that same Convention, to ask Cynthia if she could add a Suicide Prevention presentation to our agenda in the future. As such a motion was made by Carole, seconded by Bob, to add it to our presentations.
- d. Commissioner Wedel added that it is a great concern and looked forward to it being brought up at the HHS Board Meeting later this month.
- e. Bob mentioned that the State Medicaid Services Advisory Board adopted our guidelines and model recently when reorganizing itself.

V. HHS Fair Booth Presentation – Stacey Durgin

- a. Stacey talked about the upcoming Aitkin County Fair on July 4-7 and the booth that H&HS is setting up there again this year.
- b. Will be split into two parts.
- c. First part will be to present the nine issues to the residents of Aitkin County, who attend the Fair, to help us narrow them down to the Top 3 issues or concerns from the Community Health Assessment.
- d. Second part will be around the place that families can go in and around Aitkin County to have fun.
- e. Its theme is Dr. Seuss' "Oh the Place You Will Go" and we will be giving out pamphlets from all of the various areas they can go.
- f. Lastly she asked the board members to consider signing up for one of the two hour timeframes available to help us out with manning the booth if anyone was interested.

VI. Director Notes – Cynthia Bennett

- a. Bob talked to Cynthia about the group wanting to receive a presentation on Suicide prevention.
- b. Bob also asked about the tribal relations presentation we discussed the end of last year and Cynthia replied that she was still looking into it and had not forgot about it.
- c. She also discussed that she would be setting up a meeting for the sub-committee she put together to discuss the redesigning of the board, the structure of it, the topics that are covered, and the

- projects that they are involved in later this month.
- d. Lastly she mentioned how this board is a great liaison for H&HS, both to the commissioners and the community. She, very much, appreciates the time and effort everyone puts into attending the meetings and to being contributing members of the Advisory Board.

VII. Update on Healthy Living – Hannah Colby

- a. Lynn from the Aitkin Farmers Market has partnered with us to accept EBT cards for buying from the farmers market.
- b. Will allow the people on those programs access to farm fresh fruits and vegetables.
- c. Lynn also found another grant that will give those people using the card who spend \$10 will get another \$10 free. So they will have access to \$20 worth of fresh produce.
- d. Partnering with Lynn also to provide seniors with fresh produce also. The program involves having a quarter share in a CSA to get their produce and have them delivered to them.

VIII. SHIP Presentation on Tobacco – Hannah Colby

- a. Hannah talked to the board members about tobacco usage in the city, county, and state utilizing the attached pamphlets.

IX. Comments:

- a. Feedback from the HHS Board Meeting – Roberta and Marlene – May 22, 2018
 - i. Marlene commented that no one is sure what came out of the legislature this year yet.
 - ii. Talked that Lakes and Pines weatherization is a huge deal and not sure how much money will be there for that next year.
 - iii. Talked about the cause of the cost change for the person that is being housed at St. Peter due to them going into a transition phase of their rehabilitation.
- b. Committee Members scheduled to attend upcoming HHS Board meetings in 2018:

June 26	Kevin Insley	Beverly Mensing
July 24	Joell Miranda	Carole Holten
August 28	Bob Marcum	_____
September 25	Carole Holten	_____
October 23	Jon Moen	_____
November 27	_____	_____
December 18	Bob Marcum	_____

X. Adjournment

- a. Motion by Roberta to adjourn the meeting, seconded by Carole, all members voting yes to adjourn the meeting at 4:43pm.

Robert Marcum, Chairperson

Shawn Speed, Clerk to the ACH&HS Advisory Board

The following documents were included in the packet of information sent to the members for review prior to the meeting or distributed at the meeting:

- Copy of the agenda for the June 6, 2018 meeting.
- Copy of the minutes from the May 2, 2018 meeting.
- Copy of the May 22, 2018 H&HS Board meeting minutes.
- Copy of the Tobacco handouts.